SHRI RAM HOSPITAL

Advanced Enlarged Prostate Treatment in Delhi

Expert care for prostate enlargement at **Shri Ram Hospital**. Are you experiencing frequent urination, weak urine flow, or difficulty emptying your bladder? We offer comprehensive treatment with advanced diagnostics, experienced urologists, and minimally invasive options — personalised care to improve urinary health and quality of life.

BEST HOSPITAL FOR PROSTATE TREATMENT

VIKASPURI, DELHI

Understanding Prostate Enlargement (BPH)

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What is Benign Prostatic Hyperplasia?

BPH is a **non-cancerous increase** in prostate size that commonly affects ageing men. As the prostate enlarges, it compresses the urethra, interfering with normal urine flow. Early evaluation and treatment can relieve symptoms and prevent complications.

Age 50+
Primarily affects men over 50

Non-Cancerous
Benign condition, not linked to cancer

Progressive
Worsens without treatment

Impactful
Significantly affects urinary function

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Symptoms of an Enlarged Prostate

If you notice **persistent urinary symptoms**, consult a specialist promptly. Early diagnosis allows timely treatment and helps reduce the risk of bladder and kidney complications.

Frequency & Urgency

Frequent urination, especially at night; sudden urge to urinate

Weak or Interrupted Flow

Weak urine stream, difficulty starting, interrupted flow, straining

Incomplete Emptying

Feeling of incomplete bladder emptying; urinary retention in severe cases

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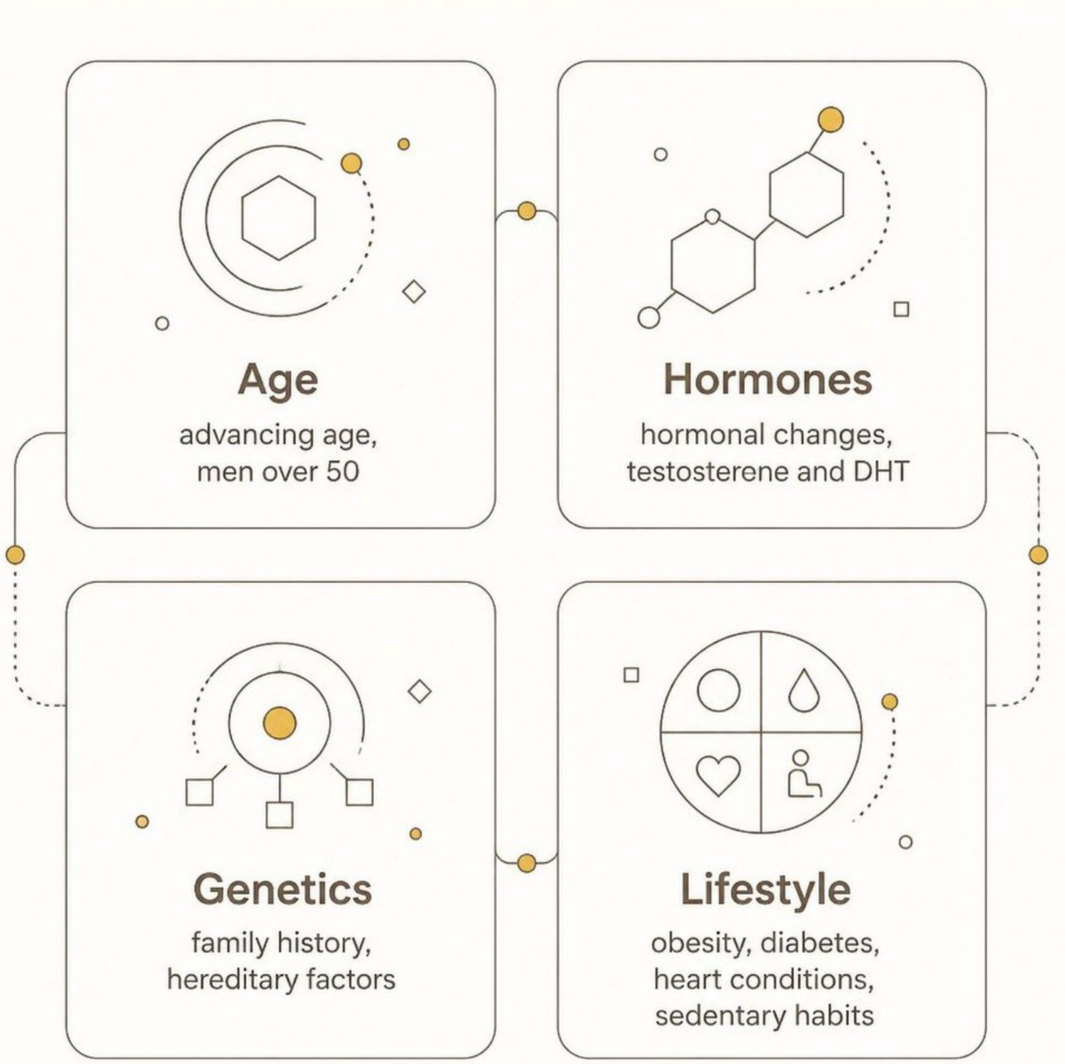
Why Does the Prostate Enlarge?

Ageing is the primary driver, but several factors can accelerate prostate growth. Consulting experienced specialists ensures a **comprehensive evaluation** and individualised treatment approach.



Diagnosis of Prostate Enlargement

At Shri Ram Hospital, patients undergo a **detailed assessment** before any treatment recommendation. Accurate diagnosis determines the most effective plan based on symptom severity and prostate size.

Urine & Blood Tests

Assess infection, PSA when indicated.

Ultrasound & Imaging

Evaluate prostate size and anatomy.

Medical History

Review symptoms and perform DRE.

Uroflowmetry & Tests

Measure flow rate and specialised studies.

This structured approach ensures every patient receives a precise diagnosis, enabling our urologists to tailor treatment to individual needs and prostate characteristics.

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Advanced Treatment Options

Treatment is personalised according to symptoms, prostate size, and overall health. Our urologists focus on **relieving symptoms** while preserving urinary function.

1

Lifestyle & Medical Management

Modifications and medications for mild to moderate symptoms

2

Minimally Invasive Procedures

Endoscopic and transurethral techniques when indicated

3

Surgical Intervention

Advanced endoscopic surgery for complex cases

4

Follow-Up Care

Comprehensive monitoring for long-term outcomes

Why Shri Ram Hospital Stands Apart?

Patients benefit from **advanced technology and expert urological care**. Our multidisciplinary approach ensures every patient receives evidence-based treatment tailored to their needs.

- Experienced Urologists
- Modern Endoscopic Equipment
- Advanced Diagnostic Facilities
- Personalised Treatment Plans
- Minimally Invasive Surgical Expertise
- Patient-Centred Care
- High Standards of Safety & Infection Control
- Comprehensive Recovery Support

Recovery & Post-Treatment Care

Recovery depends on the treatment method and the patient's overall health. **Consistent follow-up care** helps maintain urinary health and supports long-term treatment success.

Medication Adherence

Take all prescribed medications as directed by your urologist

Hydration & Diet

Drink adequate fluids and follow dietary and lifestyle advice

Follow-Up Visits

Attend all scheduled appointments to monitor recovery progress

Gradual Activity

Avoid heavy lifting; resume activities as advised by your urologist

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Why Early Treatment Matters?

Delaying treatment can lead to **worsening symptoms and serious complications**. Early consultation allows effective management before problems develop.

Improved Flow

Better urine flow and bladder function

Reduced Discomfort

Less urinary urgency and discomfort

Prevent Damage

Lower risk of retention and bladder damage

Better Quality of Life

Improved sleep and daily comfort

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Book Your Consultation Today

Expert Prostate Care Starts Here

Don't ignore persistent urinary symptoms. Early diagnosis and expert treatment can significantly improve your quality of life. Schedule a consultation with our experienced urology team.

Shri Ram Hospital

B-14 Shankar Garden, Vikaspuri,
Main Najafgarh Road, New Delhi

E:
admin@shriramhospitals.co.in
P : +91 62623 04050

Why Patients Trust Us

- Experienced Urologists
- Advanced Diagnostic & Endoscopic Technology
- Personalised Treatment Plans
- Modern Surgical Infrastructure
- Comprehensive Pre- and Post-Treatment Care

Take the first step towards better urinary health. Consult our urology specialists at Shri Ram Hospital, Vikaspuri, Delhi.